

LEE TING YU

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EDUCATION

SINGAPORE MANAGEMENT UNIVERSITY

Aug 2019 - Present

Bachelor of Social Science and Business Management

- BSocSc/BBM Double Degree Program, Major in Psychology and Organisational Behaviour and Human Resources
- GPA: 4.00, On track to graduate with Summa Cum Laude

ACHIEVEMENTS

- SMU Scholar, Merit Scholarship Recipient
- Recipient of Dean's List Academic Achievement Award AY2019/2020 and AY2020/2021

RELATED EXPERIENCE

SMU PEER HELPERS - Singapore

Jul 2020 - Present

Director of Internal Processes and External Relations (May 2021 - Present)

- Spearhead collaboration projects with external organisations such as Jurong Spring Health and Wellness, Limitless and SMU Red Cross involving over 30 students respectively; lead a team of 7 members in execution of initiatives
- Collaboration with Jurong Spring Health and Wellness Committee: created and conducted peer helping (and self-care) workshop catering to 35 student participants
- Initiate and implement changes in internal workings to optimise internal operations and efficiency

Director of Internal Development (May 2021 - Present)

- Implement initiatives such as virtual dinners and internal welfare involving 53 peer helpers aimed at enhancing cohesion within student body

Head of Logistics (Jan 2021 - Jun 2021)

- Coordinated logistics to run school-wide outreach programs such as Project Reconcile involving 150 participants

Peer Helper (Jul 2020 - Present)

- Trained to support professional work of counsellors at Mrs. Wong Kwok Leong Student Wellness Centre
- Collaborate with counsellors to aid in pressing cases within school community as part of Crisis Response Team

SINGAPORE MANAGEMENT UNIVERSITY - Singapore

Jan 2020 - Present

Research Assistant (Jan 2021 - Aug 2021)

- Drove data collection for research project 'Keep Track' investigating relationship between age and cognitive ability under Professor Yang Hwa Jin (who specialises in Developmental Psychology)
- Drove data collection for research project 'Story of My Life' investigating relationship between social media usage and overall well-being under Professor Andree Hartanto (who specialises in Technology and Social Media)

Teaching Assistant (Jan 2020 - May 2020)

- Provided academic support while facilitating workings for a class of 45 students

ICA PSYCHOLOGICAL SERVICES - Singapore

May 2021 - Jul 2021

Psychology Intern

- Spearheaded production of mental health podcast 'Work In Progress' aiming to boost mental resilience among 1000+ ICA personnel through discussion of topics such as post-traumatic growth
- Created a Crisis Communications Tools Guide for leaders as part of a sustained effort to boost crisis readiness within organisation
- Collaborated with psychologists to improve ease and comprehensiveness of counselling evaluation processes
- Reinforced management of ICA Paracounsellor Training Course catering to 45 officers and Paracounsellor Refresher Assessment catering to 28 officers
- Facilitated 'The Big Picture' workshop catering to 16 psychologists denoting factors enhancing team performance
- Engaged in engagements such as ICA Gratitude Wall to boost morale of 1000+ personnel during high-alert periods

SGPSYCHSTUFF - Singapore

Mar 2020 - Apr 2021

Writer

- Crafted monthly write-ups to raise greater awareness on mental health issues in Singapore

SOCIAL SCIENCE FACULTY COMMITTEE (SOCIETY) - Singapore

Jan 2020 - Dec 2020

Honorary General Secretary - Social Science Freshmen Camp (Jan 2020 - Jul 2020)

- Oversaw operations of a virtual camp catering to 180 freshmen

- Coordinated workings between different departments, including 34 Organising Committee members and 46 Camp Facilitators

Overall In-Charge - Social Science Welfare Drive (Aug 2020 - Dec 2020)

- Spearheaded workings of a welfare drive catering to 180 students

ASEAN BUSINESS YOUTH ASSOCIATION - Singapore

Jul 2020 - Dec 2020

Student Consultant

- Examined Growth Marketing Studio's model and devised a year-long ASEAN-focused Go-To-Market Strategy alongside a team of student consultants

CENTRE OF SCHOLARS' DEVELOPMENT - Singapore

Jul 2020 - Aug 2020

Camp Facilitator - SMU Merit Camp

- Engaged and mentored a group of 10 freshmen to enhance integration into school community

ZHI CHENG INTERNATIONAL SCHOOL - Singapore

May 2019 - Aug 2019

Teacher

- Educated classes of 30 to 40 students on subjects such as Mathematics and Sciences

NATIONAL COUNCIL OF SOCIAL SERVICE

Dec 2021 - Jan 2022

Community Assets Intern

- Expedite renewal processes for 5 social service agencies
- Strategise ways to enhance reach and impact of community mental health model involving 10 social service agencies

CO-CURRICULAR ACTIVITIES

Member and Management Committee: SMU Peer Helpers

Events Associate: SMU Social Science Society

Member: SMU XSeed

COMMUNITY SERVICE

PROJECT GREEN RIBBON - Singapore

Jul 2021 - Present

Project Coordinator and Writer

- Manage and execute Grab x IMH x PGR pilot project involving 15 stakeholders to provide income opportunities for clients at IMH
- Craft articles revolving around psychology topics to spread mental health awareness to a wider community

YOUTH CORPS SINGAPORE - Singapore

Mar 2021 - Present

Community Peer Supporter

- Champion for mental wellness through extending peer supporting skills to youths in community

PROJECT HUA TAT - Vietnam

Jan 2020 - Jan 2021

Educator

- Led English and Financial Literacy classes for classes of 20 children and adults respectively

HABITAT FOR HUMANITY - Singapore

Jan 2017 - Dec 2018

Volunteer

- Volunteered in programs targeted at revamping houses for underprivileged elderly

ODAC VOLUNTEERS - Singapore

Jan 2017 - Dec 2018

Volunteer

- Executed major outreach initiatives such as ODAK (ODAC for Kids) targeted at 35 children of low-income families and those with special needs

ADDITIONAL INFORMATION

- Proficient in Microsoft Office Suite
- Fluent in both English and Chinese
- Certification: ABRSM Piano Grade 8 (Merit)
- Interests: Trekking, Videography, Karaoke