

*Curriculum Vitae***Nadyanna M. Majeed**

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Faculty of Arts and Social Sciences, National University of Singapore
(ORCID) 0000-0003-0148-0846 • (GitHub) github.com/nadyamajeed/*Education*

2022–2027 (expected)	PhD (Quantitative Psychology) , National University of Singapore Dissertation Advisor: Dr. Mike Cheung
2020–2022	MPhil (Psychology) , Singapore Management University Thesis Advisor: Dr. Jacinth J. X. Tan Committee: Dr. Chi-Ying Cheng & Dr. Andree Hartanto
2017–2020	BSocSc(Hons) (Psychology) , Singapore Management University Independent Study Advisor: Dr. Andree Hartanto

Research Interests

- Evidence synthesis
- Meta-science
- Within- versus between-person variability and effects

Scholarships and Awards

^ Indicates international-level award.

2026–2027 (awarded in 2022)	NUS FASS Dean's PhD Fellowship National University of Singapore <i>Covered full tuition fees for 2 semesters and stipend for 12 months</i>
2022–2026	MOE-NUS President's Graduate Fellowship Singapore Ministry of Education through National University of Singapore <i>Covered full tuition fees for 8 semesters and stipend for 48 months</i>
2020–2022	MOE-SMU Postgraduate Research Scholarship Singapore Ministry of Education through Singapore Management University <i>Covered full tuition fees for 4 semesters and stipend for 12 months</i>
2021	^ Best Undergraduate Research Paper (1 st Place) 2021 ICPSR Research Paper Competition ^ Undergraduate Student Poster Award (Runner-up) Society for Personality and Social Psychology Best Individual Research Paper (Top 3, Open Category) Best Group Research Paper (Top 3, Open Category) Singapore Psychological Society Student Research Awards <i>Across all diploma, undergraduate, and postgraduate categories</i> Best Postgraduate Research Paper (2 nd & 3 rd Places) Singapore Psychological Society Student Research Awards

- 2020 **Best Quantitative Research Paper** (1st & 2nd Places, Open Category)
Singapore Psychological Society Student Research Awards
Across all diploma, undergraduate, and postgraduate categories
- Best Undergraduate Research Paper** (1st & 2nd Places)
Singapore Psychological Society Student Research Awards
- 2013 **Individual Gold Medallist**
Singapore 35th C.B. Paul Science Quiz
Awarded for excellence in biology, chemistry, physics, computer science, and astronomy
- 2012 **Young Engineers & Scientists Academic Award**
Singapore Defence Science and Technology Agency
Awarded for excellence in mathematics

Research Grants

- 2021–2022 **International Society for Self and Identity** Mini Research Grant
Principal Investigator (US\$1,000 or approx. SG\$1,300)
“Affective, Behavioural, and Cognitive Consequences of National Identity Denial”
- 2020–2021 **Singapore Ministry of Education** AcRF Tier 1 Grant
Collaborator (SG\$29,120 or approx. US\$21,600)
“Executive Functions and Resilience to Daily Stressors”

Peer-Reviewed Publications

Click on [Researchbox](#) or [OSF](#) links to view publicly-available pre-registrations, materials, data, and/or analytic code.

+ Indicates that authors contributed equally to the work.

Indicates undergraduate mentee.

Evidence syntheses through meta-analyses

- [1] **Majeed, N. M.**, Hartanto, A., & Tan, J. J. X. (2021). Developmental dyslexia and creativity: A meta-analysis. *Dyslexia*, 7(2), 187–203. [[article 10.1002/dys.1677](#)]

Primary empirical works as part of main research team

- [10] Hartanto, A., Lee, K. Y. X., Chua, Y. J. #, Quek, F. Y. X., & **Majeed, N. M.** (in press). Daily cognitive failures and smartphone use: A critical examination using a daily diary approach with objective smartphone measures. *British Journal of Psychology*.
- [9] Ng, M. H. S. +, Lua, V. Y. Q. +, **Majeed, N. M.**, & Hartanto, A. (2022). Does trait self-esteem serve as a resilience factor in maintaining affective well-being? Multilevel analyses of daily diary studies in Singapore and the United States. *Personality and Individual Differences*, 198(2022), 111804. [[article 10.1016/j.paid.2022.111804](#)] [[researchbox #171](#)]
- [8] Lua, V. Y. Q., **Majeed, N. M.**, Hartanto, A., & Leung, A. K.-y. (2022). Help-seeking tendencies and subjective well-being: A cross-cultural comparison of the United States and Japan. *Social Psychology Quarterly*, 85(2), 164–186. [[article 10.1177/01902725221077075](#)] [[postprint](#)] [[researchbox #158](#)]
- [7] Hartanto, A., **Majeed, N. M.**, Lua, V. Y. Q., Wong, J. #, & Chen, N. R. Y. (2022). Dispositional gratitude, health-related factors, and lipid profiles in midlife: A biomarker study. *Scientific Reports*, 12(2022), 6034. [[article 10.1038/s41598-022-09960-w](#)] [[researchbox #142](#)]

- [6] Lua, V. Y. Q., **Majeed, N. M.**, Leung, A. K.-y., & Hartanto, A. (2022). A daily within-person investigation on the link between social expectancies to be busy and emotional well-being: The moderating role of emotional complexity acceptance. *Cognition and Emotion*, 1–8. [article 10.1080/02699931.2022.2054778] [postprint] [researchbox #234]
- [5] **Majeed, N. M.**, Lua, V. Y. Q., Chong, J. S.[#], Lew, Z.[#], & Hartanto, A. (2021). Does bedtime music listening improve sleep quality and next-morning well-being in young adults? A randomized cross-over trial. *Psychomusicology: Music, Mind, and Brain*, 31(3–4), 149–158. [article 10.1037/pmu0000283] [preprint] [researchbox #293]
- [4] Hartanto, A., **Majeed, N. M.**, Ng, W. Q., Chai, C. K. N., & Lua, V. Y. Q. (2021). Subjective age and inflammation risk in midlife adults: Findings from the Midlife in the United States (MIDUS) studies. *Comprehensive Psychoneuroendocrinology*, 7, 100072. [article 10.1016/j.cpnec.2021.100072]
- [3] **Majeed, N. M.**, Tan, J. J. X., Tov, W., & Hartanto, A. (2021). Dispositional optimism as a buffer against emotional reactivity to daily stressors: A daily diary approach. *Journal of Research in Personality*, 93, 104105. [article 10.1016/j.jrp.2021.104105] [preprint] [researchbox #148]
- [2] Quek, F. Y. X., **Majeed, N. M.**, Kothari, M.[#], Lua, V. Y. Q., Ong, H. S., & Hartanto, A. (2021). Brief mindfulness breathing exercises and working memory capacity: Findings from two experimental approaches. *Brain Sciences*, 11(2), 175. [article 10.3390/brainsci11020175] [researchbox #170]
- [1] Hartanto, A., Ong, N. C. H., Ng, W. Q., & **Majeed, N. M.** (2020). The effect of state gratitude on cognitive flexibility: A within-subject experimental approach. *Brain Sciences*, 10(7), 413. [article 10.3390/brainsci10070413] [researchbox #458]

Primary empirical works as part of global multi-lab collaborations

- [4] Dorison, C. A., ... **Majeed, N. M.**, ... Coles, N. A. (in press). In COVID-19 health messaging, loss framing increases anxiety without concomitant benefits: Experimental evidence from 84 countries. *Affective Science*. [preprint]
- [3] Legate, N., ... **Majeed, N. M.**, ... Primbs, M. (2022). A global experiment on motivating social distancing during the COVID-19 pandemic. *Proceedings of the National Academy of Sciences*, 119(22), e2111091119. [article 10.1073/pnas.2111091119] [osf]
- [2] Wang, K., ... **Majeed, N. M.**, ... Moshontz, H. (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*, 5(8), 1089–1110. [article 10.1038/s41562-021-01173-x] [osf]
- [1] Zickfeld, J. H., ... **Majeed, N. M.**, ... Vingerhoets, A. (2021). Tears evoke the intention to offer social support: A systematic investigation of the interpersonal effects of emotional crying across 41 countries. *Journal of Experimental Social Psychology*, 95, 104137. [article 10.1016/j.jesp.2021.104137] [osf]

Conference Papers and Posters

[#] Indicates undergraduate mentee.

Evidence syntheses through meta-analyses

- [7] Lua, V. Y. Q., Ooi, W. M.[#], Najib, A.[#], **Majeed, N. M.**, & Hartanto, A. (2022, March). *Thinking or overthinking? The relationship between individuals' need for cognition and well-being*. Poster presented at the annual meeting of the Society for Affective Science 2022.

- [6] Wong, J.[#], Poh, X. Y.[#], Quek, F. Y. X., Lua, V. Y. Q., **Majeed, N. M.**, & Hartanto, A. (2022, February). *Social media in the age of social distancing: A meta-analysis of social media use and well-being during COVID-19*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.
- [5] Kasturiratna, K. T. A. S.[#], Chia, J. L., Quek, F. Y. X., Kaur, M.[#], Lua, V. Y. Q., **Majeed, N. M.**, & Hartanto, A. (2022, February). *The effect of mere presence of smartphone on cognitive functions: A meta-analysis*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.
- [4] Chen, N. R. Y., **Majeed, N. M.**, Wong, J.[#], Kaur, M.[#], Chong, J. S.[#], & Hartanto, A. (2022, February). *Goodnight, stay bright! A meta-analysis on dispositional optimism and sleep*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.
- [3] **Majeed, N. M.**, Lai, G. J., Kaur, M.[#], Yong, J. C., & Hartanto, A. (2021, April). *Does interacting with animals inculcate empathy and prosocial behaviour? The current state of the field*. Paper presented at the annual meeting of the Society for Affective Science 2021.
- [2] Lai, G. J., **Majeed, N. M.**, Kaur, M.[#], & Hartanto, A. (2021, February). *A meta-analysis on human-animal interaction and human prosociality*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2021. ***Undergraduate Student Poster Award (Winner)**
- [1] Kaur, M.[#], Kothari, M.[#], **Majeed, N. M.**, Quek, F. Y. X., Ng, M. H. S., & Hartanto, A. (2021, February). *Anxiety disorders and executive functions: Findings from a meta-analysis*. Poster presented at the annual meeting of the International Neuropsychological Society 2021.

Primary empirical works as part of main research team

- [16] **Majeed, N. M.**, Lua, V. Y. Q., & Hartanto, A. (2022, March). *Does dispositional optimism protect against the negative affective, behavioural, and cognitive consequences of daily stressors? Findings from two multilevel analyses*. Poster presented at the annual meeting of the Society for Affective Science 2022.
- [15] Li, M. Y.[#], **Majeed, N. M.**, Chia, J. L., Lua, V. Y. Q., & Hartanto, A. (2022, March). *COVID-19 stress & cognitive failures in daily life: A multilevel examination of between- and within-persons patterns*. Poster presented at the annual meeting of the Society for Affective Science 2022.
- [14] Kasturiratna, K. T. A. S.[#], **Majeed, N. M.**, Lua, V. Y. Q., & Hartanto, A. (2022, March). *A daily diary study of uplifts, stressors, and affect: The moderating effect of trait belief in a just world*. Poster presented at the annual meeting of the Society for Affective Science 2022.
- [13] Chen, N. R. Y., **Majeed, N. M.**, Chia, J. L., & Hartanto, A. (2022, March). *Waking up on the bright side of the bed: Dispositional optimism, sleep, and trait affective mediators*. Poster presented at the annual meeting of the Society for Affective Science 2022.
- [12] **Majeed, N. M.**, & Tan, J. J. X. (2022, February). *I think, therefore I am? Meta-perceptions of racial group superiority and foreignness predict actual self-perceptions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.
- [11] Chua, Y. J.[#], **Majeed, N. M.**, Lua, V. Y. Q., & Hartanto, A. (2022, February). *Momentary self-views as composed of self-esteem, self-concept clarity, and self-efficacy: Development and validation of a 6-item scale*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.
- [10] **Majeed, N. M.**, Chong, J. S.[#], Lua, V. Y. Q., Lew, Z.[#], & Hartanto, A. (2021, May). *Sleeping soundly: A randomised cross-over trial of music interventions for sleep*. Poster presented at the annual meeting of the Association for Psychological Science 2021.

- [9] Ng, M. H. S., Lua, V. Y. Q., **Majeed, N. M.**, & Hartanto, A. (2021, May). *Examining self-esteem as a resilience factor against daily stressors: Findings from the National Study of Daily Experiences*. Poster presented at the annual meeting of the Association for Psychological Science 2021.
- [8] Lua, V. Y. Q., **Majeed, N. M.**, & Hartanto, A. (2021, May). *The sad cult of 'busy': Investigating the relation between social expectancies to be busy and emotional wellbeing using a daily diary approach*. Poster presented at the annual meeting of the Association for Psychological Science 2021.
- [7] Chong, J. S.[#], **Majeed, N. M.**, & Hartanto, A. (2021, May). *Exploring the association between online incivility and daily affective wellbeing: A multilevel analysis*. Poster presented at the annual meeting of the Association for Psychological Science 2021.
- [6] Chen, N. R. Y., **Majeed, N. M.**, Lua, V. Y. Q., & Hartanto, A. (2021, May). *Let's appreciate the positives in life: Dispositional gratitude is associated with healthier lipid profiles*. Poster presented at the annual meeting of the Association for Psychological Science 2021.
- [5] Lua, V. Y. Q., **Majeed, N. M.**, & Hartanto, A. (2021, April). *Help-seeking: Good for one and bad for another?* Poster presented at the annual meeting of the Society for Affective Science 2021.
- [4] **Majeed, N. M.**, Hartanto, A., Tov, W., & Tan, J. J. X. (2021, February). *Always look on the bright side of life? Optimism as a resilience factor against emotional reactivity to daily stress*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2021. <https://osf.io/x68hb/>
*Undergraduate Student Poster Award (Runner-up)
- [3] Quek, F. Y. X., **Majeed, N. M.**, Hartanto, A., & Tov, W. (2021, February). *Probing the links between prosocial spending and life satisfaction of older adults in Singapore*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2021.
- [2] Lua, V. Y. Q., **Majeed, N. M.**, & Hartanto, A. (2021, February). *Revisiting the effect of stereotype threat on working memory capacity in women*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2021.
- [1] **Majeed, N. M.**, Ng, M. H. S., Lua, V. Y. Q., & Hartanto, A. (2021, February). *Musical experience and executive functioning: Evidence from frequentist and Bayesian structural equation modelling*. Poster presented at the annual meeting of the International Neuropsychological Society 2021. <https://osf.io/rpy24/>

Invited Workshops and Sharings on Methodology and Statistical Analysis

Jul 2022	4-hour workshop series on basic multilevel modelling with R DawnLab, School of Social Sciences, Singapore Management University
Jun 2022	2-hour workshop on basic structural equation modelling with R DawnLab, School of Social Sciences, Singapore Management University [github: SEM]
Dec 2021	4-hour workshop series on basic multilevel modelling with R DawnLab, School of Social Sciences, Singapore Management University
Dec 2021	2-hour workshop on analysing and visualising data with categorical predictors with R DawnLab, School of Social Sciences, Singapore Management University [github: t-tests] [github: ANOVAs]
Jun 2021	2-hour workshop on meta-analysis with R DawnLab, School of Social Sciences, Singapore Management University

May 2021	6-hour workshop series on basic multilevel modelling with R DawnLab, School of Social Sciences, Singapore Management University
Dec 2020	9-hour workshop series on multilevel modelling with R DawnLab, School of Social Sciences, Singapore Management University
Jun 2020	Short sharing on methodology of a systematic review SHAWLab, School of Social Sciences, Singapore Management University
Feb 2020	2-hour workshop on basic meta-analysis with R ABC Lab, School of Social Sciences, Singapore Management University

Other Teaching Experience

Undergraduate tutorials at the Faculty of Arts and Social Sciences, National University of Singapore

- PL2132 **Research and Statistical Methods II** (Tutorial Instructor; two sections)

Undergraduate seminars at the School of Social Sciences, Singapore Management University

TA = Teaching Assistant.

- PSYC110 **Psychology Research Methods I** (TA to Dr. Andree Hartanto)
- PSYC208 **Psychology Research Methods II** (TA to Dr. Huey Woon Lee)
 - Guest seminar on **questionable research practices**
- PSYC201 **Psychometrics & Psychological Testing** (TA to Dr. William Tov)
- PSYC402 **Guided Research in Social Sciences** (Primary Research Mentor to three groups and Secondary Research Mentor to two groups under Dr. Andree Hartanto)
- PSYC001 **Introduction to Psychology** (TA to Dr. Jacinth J. X. Tan)
 - Guest seminar on **operant conditioning**
- PSYC108 **Social Psychology** (TA to Dr. Jacinth J. X. Tan; two sections)

Pre-university teaching

- **Introduction to Psychology** for teenagers (primary instructor on learning and conditioning; five sections), TaCo Taster Course SG ([linkedin.com/company/tastercoursesg/](https://www.linkedin.com/company/tastercoursesg/))
- **Mathematics** for children and teenagers (sole instructor in one-to-one or one-to-two format)
- **English** and **Music** for children (co-teaching arrangement with supervisors), Telok Kurau Primary School

Applied/Practice Experience

Summer 2019	Clinical/Educational Psychology Intern MindMatters Psychology Practice Pte. Ltd. Supervisor: Ms. Andrea Chow, Registered Psychologist (AU, SG) <i>Trained in scoring and interpretation of standardised diagnostic tests</i>
Spring 2019	Victim Care Officer Police Psychological Services Division, Singapore Police Force <i>Trained in resistance management and psychological first aid</i>

Technical Skills

Programming Languages	Data Analysis Software	Data Collection Software
<ul style="list-style-type: none"> • Python • R • SQL 	<ul style="list-style-type: none"> • MHS Scoring Software • IBM SPSS • JASP 	<ul style="list-style-type: none"> • formr • Qualtrics • Tatool

Professional Affiliations and Service

Publons: <https://www.webofscience.com/wos/author/record/2196466>

Ad-hoc Reviewer for Peer-Reviewed Journals

⁺ *Indicates co-reviewer role with advisor.*

- Behaviour & Information Technology
- BMJ Open⁺
- Brain Sciences⁺
- Computers in Human Behavior⁺
- Current Psychology⁺
- European Review of Applied Psychology⁺
- Frontiers in Aging Neuroscience⁺
- Journal of Happiness Studies⁺
- Journal of Mental Health⁺
- Learning and Individual Differences⁺

Reviewer for Awards and Programmes

- SPSP Social-Personality Undergraduate Research (SPUR) Program 2022
- SPSP Student Poster Award 2022

Membership

- Association for Psychological Science
- Association for Research in Personality
- International Society for Self & Identity
- Psychological Science Accelerator
- Society for Affective Science
- Society for Personality and Social Psychology