

Manmeet Kaur

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EDUCATION

Singapore Management University (SMU)

Aug 2018 to May 2022

Candidate for Bachelor of Social Science, major in Psychology

(Expected)

- GPA 3.7/4.0
- Dean's List 2019/2020

RESEARCH INTEREST

- Clinical & Cognitive psychology
- Health and mental wellness

MANUSCRIPTS IN REVIEW

Lai, G. J., Majeed, N. M., **Kaur, M.**, Yong, J. C. Hartanto, A., (In review, Review of General Psychology) *A meta-analysis on human-animal interaction and human prosociality.*

MANUSCRIPTS IN PREPARATION

Majeed, N., M Kothari, M., **Kaur, M.**,* Quek, F. Y. X., Ng, M. H. S., & Hartanto, A. *Anxiety disorders and executive functions: Findings from a meta-analysis of 55 records.*

*order of the 3 co-authors has been randomised

WORKS IN PROGRESS

Lua, V. Y. Q., Majeed, N. M., **Kaur, M.**, & Hartanto, A. *Nature exposure and inhibitory control: A within-subject experimental approach.* [Data Collection]

CONFERENCE PRESENTATIONS

Majeed, N. M., Lai, G. J., **Kaur, M.**, Yong, J. C., & Hartanto, A. (2021, April). Does interacting with animals inculcate empathy and prosocial behaviour? The current state of the field. Poster to be presented at the annual meeting of the Society for Affective Science 2021

Kaur, M., Kothari, M., Quek, F. Y. X., Ng, H. S. M., & Hartanto, A. (2021, February). Anxiety disorders and executive functions: Findings from a meta-analysis. Poster to be presented at the 49th annual meeting of the International Neuropsychological Society.

Lai, G. J., Majeed, N. M., **Kaur, M.**, & Hartanto, A. (2021, February). A meta-analysis on human-animal interaction and human prosociality. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology 2021.

RESEARCH EXPERIENCE

Singapore Management University

Jan 2021 to Present

Senior Thesis

- Gratitude intervention and stress reactivity: A within-subject experimental approach

Advisor: Dr. Andree Hartanto, Assistant Professor of Psychology (Education)

Singapore Management University

May 2020 to Present

Student Researcher

- Human-animal interaction and human prosociality: A meta-analysis
- Nature exposure and inhibitory control: A within-subject experimental approach
- Developmental dyslexia and creativity: A meta-analysis
- Executive Functions and Resilience to Daily Stressors: A correlational approach

Advisor: Dr. Andree Hartanto, Assistant Professor of Psychology (Education)

Singapore Management University

May 2020 to Nov 2020

Independent Study

- Generalized anxiety disorder and executive functioning: A meta-analysis

Advisor: Dr. Andree Hartanto, Assistant Professor of Psychology (Education)

CLINICAL EXPERIENCE

Nurture Pods

Sept 2020 to Present

Behavioural Therapist Intern

- Provide shadow support in mainstream primary schools by delivering individualized interventions that are in line with the principles of Applied Behavioural Analysis for children with special needs (e.g. Autism Spectrum Disorder)
- Utilise behavioural intervention techniques such as reward systems to improve child's focus and to reinforce good behaviour
- Liaise regularly with the parents and teachers to create a personalised plan and tools catered to the child's needs.

TEACHING EXPERIENCE

Singapore Management University

Jan 2020 to May 2020

Teaching Assistant (Module: Introduction to Psychology)

- Liaised closely with professor in ensuring smooth delivery of weekly lessons
- Performed administrative duties such as monitoring student participation in class and helping in creating learning materials
- Mentored class of 45 students, by answering questions about content taught in class

COMMUNITY SERVICE

Singapore Psychological Society

November 2020 to Present

Student Mentor for Psychological Mentorship Programme 2021

- Aiding the clinical psychologist (mentor) in helping junior mentees navigate and better understand professions in psychology in a year-long mentorship programme.
- Involves planning for the activities, meetings, and interviews, and other ad-hoc/admin work
- Bridging the gap between the mentee and mentor

Institute of Mental Health (IMH)

Mar 2019 to Present

Matchsticks Volunteer (Ward Leader)

- Lead a team of 8-10 volunteers to engage in weekly visits to 10-15 residents of recovery ward, aimed at counselling them in their employment, housing, and education options as a means of reintegration into society
- Initiate and organise new activities such as sports and games to cultivate a healthy lifestyle
- Spearheaded activities outside of ward, such as:
 - Leading an organising committee of 10 volunteers in planning and executing an East Coast Park outing for 60 residents and 40 nurses
 - Coordinated school outreach programmes by facilitating group discussions with secondary school students about issues related to mental health

Beyond Social Services

Jan 2019 to May 2019

Volunteer (Tutoring)

- Volunteered small group or one to one tutoring sessions for children from underprivileged backgrounds and planned weekly lesson outlines and activities for the children
- Engage with residents of the community through door to door knocking to better facilitate children's education

SKILLS & INTERESTS

- IBM SPSS
- R Studio (For Meta-analysis)
- Microsoft: Word, Excel, PowerPoint
- Proficient in English and Punjabi (both written and spoken)
- Avid fan of watching horror and thriller shows