

Curriculum Vitae

Frosch Quek Yi Xuan
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EDUCATION

2020	B. SocSc	Singapore Management University Psychology (primary major) Corporate Communication (secondary major) GPA: 3.86/4.00
Present	Ph.D.	Singapore Management University Psychology (Major) Expected year of graduation: 2025

AWARDS AND ACCOMPLISHMENTS

2021	Association for Psychological Science Student Diversity Registration Award
2021	Society for Personality and Social Psychology Undergraduate Diversity Award
2019 – 2020	Dean's List, Singapore Management University
2017 – 2018	Dean's List, Singapore Management University

PUBLICATIONS

Published Works

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1. Hartanto, A., Lua, V. Y. Q., **Quek, F. Y. X.**, Yong, J. C., & Ng, M. H. S. (2021). A critical review on the moderating role of contextual factors in the associations between video gaming and well-being. *Computers in Human Behavior Reports*, 4, 100135. <https://doi.org/10.1016/j.chbr.2021.100135>
 2. Hartanto, A., **Quek, F. Y. X.**, Tng, G. Y. Q., & Yong, J. C. (2021). Does Social Media Use Increase Depressive Symptoms? A Reverse Causation Perspective. *Frontiers in Psychiatry*, 12. <https://doi.org/10.3389/fpsy.2021.641934>
 3. **Quek, F. Y. X.**, Majeed, N. M., Kothari, M., Lua, V. Y. Q., Ong, H. S., & Hartanto, A. (2021). Brief mindfulness breathing exercises and working memory capacity: Findings from two experimental approaches. *Brain Sciences*, 11(2), 175. <https://doi.org/10.3390/brainsci11020175>

Manuscripts Under Review

1. Kaur, M., Kothari, M., Majeed, N. M., **Quek, F. Y. X.**, Ng, H. S. M., & Hartanto, A. (1st Revise & Resubmit). Anxiety disorders and executive functions: Findings from a meta-analysis. *Journal of Affective Disorders*
2. Hartanto, A., Chua, Y. J., **Quek, F. Y. X.**, Wong, J., Majeed N. M., & Ooi, W. M. (1st Revise & Resubmit). Problematic Smartphone Usage, Objective Smartphone Engagement, and Executive Functions: A Latent Variable Analysis. *Attention, Perception, & Psychophysics*.

Manuscripts in Preparation

1. **Quek, F. Y. X.**, Lua, V. Y. Q., Majeed N. M., Hartanto, A., Ong, H. S., Chua, Y. J., & Lew, Z. (in progress). Social exclusion on self-control: A meta-analytic review of findings from experimental designs.

2. **Quek, F. Y. X.**, Majeed, N. M. & Hartanto, A. (in progress). Daily Associations between Loneliness and Cognitive Failures: A Mediating Role of Affect.
3. Hartanto, A., **Quek, F. Y. X.**, Majeed, N. M. & Tov, W. (in progress). Probing the links between prosocial spending and life satisfaction of older Adults in Singapore: A multi-level approach.
4. Tan, K. & **Quek, F. Y. X.** (in progress). The Ups and Downs of Variability: Are fluctuating life satisfaction appraisals always detrimental to health outcomes?
5. Wong, J., Poh, X. Y., **Quek, F. Y. X.**, Lua, V. Y. Q., Majeed, N. M. & Hartanto, A. (in progress). Four-level meta-analytic review of the relationship between social media and well-being: A fresh perspective in the context of COVID-19.

CONFERENCES & POSTER PRESENTATIONS

1. **Quek, F. Y. X.** & Hartanto, A. (2022, February). Daily Associations between Affect and Cognitive Failures. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.
2. **Quek, F. Y. X.**, Majeed, N. M., Hartanto, A. (2021, May). Daily Associations between Loneliness and Cognitive Failures: A Mediating Role of Affect. Poster presented at the annual meeting of the Association for Psychological Science 2021.
3. **Quek, F. Y. X.**, Majeed, N. M., Hartanto, A., & Tov, W. (2021, February). Probing the links between prosocial spending and life satisfaction of older adults in Singapore. Poster presented at the 2021 Annual Convention of the Society for Personality and Social Psychology.
4. Kaur, M., Kothari, M., Majeed, N. M., **Quek, F. Y. X.**, Ng, H. S. M., & Hartanto, A. (2021, February). Anxiety disorders and executive functions: Findings from a meta-analysis. Poster presented at the annual meeting of the International Neuropsychological Society.

EMPLOYMENT

01/2022 – 03/2022

Workshop Instructor

SMU School of Social Sciences, Singapore

Instructed a 5-session introductory workshop to statistical analysis using the R software. Imparting techniques from generating descriptive statistics to performing multilevel modelling.

07/2021 – Present

Post-graduate Research Assistant

SMU School of Social Sciences, Singapore

Assisted with article extraction, eligibility screening, coding, and analysis for ongoing meta-analysis

Supervisor: Dr Angela Leung

07/2020 – 07/2021

Full Time Research Assistant

Singapore Management University (SMU): Centre for Research on Successful Ageing (ROSA), Singapore

- Designed and added complex survey modules for data collection thus improving data coverage.
- Analysed dataset containing 10,000 respondents and presented data fluently in reports and research briefs for the policymaking and media publication.
- Introduced data collection methods that increased efficiency of data processing.
- Performed statistical, qualitative and quantitative analysis.

12/2017 – 01/2020

Undergraduate Research Assistant

SMU School of Social Sciences, Singapore

- Four segmented durations of research assistantship to three different professors.
- Provided critical feedback on experimental procedures to ensure smooth implementation.
- Worked in teams to devise coding rubric for subjective data analysis.
- Coordinated participants in formal laboratory experiments.

05/2018 – 08/2018

Public Relations Intern

The Hoffman Agency, Singapore

- Consistently excelled in developing published content for a wide range of clientele which improved thought leadership.
- Established strong credibility with clients and colleagues by proposing creative ideas.
- Increased efficiency of data analysis by updating outdated performance metrics with MS excel skills.

08/2017 – 12/2017

Teaching Assistant

SMU School of Social Sciences, Singapore

- Coordinated a group of 44 students, effectively disseminating information and organized lecture materials.
- Developed a fair and efficient coding rubric which improved grading procedure.

PERSONAL DETAILS

Software proficiencies: R, SPSS, Stata, Python, WARPLS, Mplus

Certifications: Certified Analytical Professional (Advanced) by *Singapore Management University*,
AI Competency by [WeCloudData](#),
Python Competency by [WeCloudData](#)

Membership: Society for Personality and Social Psychology
Association for Psychological Science

Languages: English, Mandarin, Japanese, Korean