

## Verity LUA Yu Qing

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Singapore Management University  
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### EDUCATION

<b>Singapore Management University</b> Bachelor of Social Sciences (Honors) (Psychology) Current GPA standing: High Distinction Expected year of graduation: 2022	Aug 2018 to Present
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### RESEARCH INTEREST

Social psychology, Social pressure and stress, Paradoxical thinking, Emotions & well-being

### AWARDS

<b>APS Student Diversity Registration Award</b> Awarded by the Association for Psychological Science	2021
<b>Student Research Awards – Certificate of Research Excellence: Highly Commended</b> Awarded by Singapore Psychological Society	2020
<b>Student Research Awards – 1<sup>st</sup> Runner up (Open category: Quantitative)</b> Awarded by Singapore Psychological Society	2020
<b>Student Research Awards – Audience choice award</b> Awarded by Singapore Psychological Society	2020
<b>Dean's List AY2019/2020</b> Awarded by Singapore Management University, School of Social Sciences	2020
<b>Edusave Award For Achievement, Good Leadership And Service (EAGLES) 2016, 2017</b> Awarded by Singapore Sports Council	2016 - 2017
<b>Edusave Certificate Of Academic Achievement 2016, 2017</b> Awarded by the Ministry Of Education	2016 - 2017

### PUBLISHED WORKS

Quek, F. Y. X., Majeed, N. M., Kothari, M., Lua, V. Y. Q., Ong, H. S., & Hartanto, A. (2021). Brief mindfulness breathing exercises and working memory capacity: Findings from two experimental approaches. *Brain Sciences*, 11(2), 175. <https://doi.org/10.3390/brainsci11020175>

## WORKS UNDER REVIEW

**Lua, V. Y. Q.**, Majeed, N. M., Hartanto, A., & Leung, A. K.-y. (1<sup>st</sup> Revise & Resubmit) Help-seeking tendencies and subjective well-being: A cross-cultural comparison of the United States and Japan. *Social Psychology Quarterly*.

Hartanto, A., Majeed, N. M., **Lua, V. Y. Q.** & Chen, N. R. Y. (1<sup>st</sup> Revise & Resubmit) Dispositional gratitude, health behaviors, and lipid profiles in midlife. *Health Psychology*.

Hartanto, A., Majeed, N. M., Ng, W. Q., Chan, K. N. C, & **Lua, V. Y. Q.** (2<sup>nd</sup> Revise & Resubmit) Subjective age and inflammation risk in adults: Findings from the Midlife in the United States (MIDUS) studies. *Comprehensive Psychoneuroendocrinology*.

**Lua, V. Y. Q.**, Majeed, N. M., Hartanto, A., & Leung, A. K.-y. (Under review) A daily within-person investigation on the link between social expectancies to be busy and emotional well-being: The moderating role of emotional complexity acceptance. *Emotion*.

Hartanto, A., **Lua, V. Y. Q.**, Quek, F. Y. X., Yong, J. C. & Ng, M. H. S. (Under review) A critical review on the moderating role of contextual factors in the associations between video gaming and well-being. *Technology, Mind, and Behavior*.

Majeed, N. M., Ng, M. H. S.<sup>+</sup>, **Lua, V. Y. Q.**<sup>+</sup>, & Hartanto, A. (Under review) Musical experience and executive functions: Evidence from two studies with latent variable approach. *Cognitive Psychology*.

<sup>+</sup> *The authors contributed equally to this work*

## WORKS IN PROGRESS

**Lua, V. Y. Q.**, & Leung, A. K.-y. Paradox mindset and perspective taking.

**Lua, V. Y. Q.**<sup>+</sup>, Quek, F. Y. X.<sup>+</sup>, Lew, Z., Ong, H. S., Chua, Y. J., Ong, T. J. Y., & Hartanto, A. Social exclusion and self-regulation: A meta-analysis.

<sup>+</sup> *The authors are contributing equally to this work*

**Lua, V. Y. Q.**, Majeed, N. M., Kasturiratna, S., Kaur, H., Kaur, H., & Hartanto, A. Think your way to happiness? Examining the relationship between need for cognition and well-being through a multilevel meta-analysis approach.

**Lua, V. Y. Q.**<sup>+</sup>, Majeed, N. M.<sup>+</sup>, & Hartanto, A. Revisiting the effect of stereotype threat on working memory capacity in women: The moderating role of dispositional optimism.

<sup>+</sup> *The authors are contributing equally to this work*

Ng, M. H. S.<sup>+</sup>, **Lua, V. Y. Q.**<sup>+</sup>, Majeed, N. M.<sup>+</sup> & Hartanto, A. Is trait self-esteem a resilience factor against daily stressors? A multilevel analysis.

<sup>+</sup> *The authors are contributing equally to this work*

Majeed, N. M.<sup>+</sup>, Chong, J. S.<sup>+</sup>, **Lua, V. Y. Q.**, & Hartanto, A. Music interventions and subjective well-being: A meta-analytic registered report.

<sup>+</sup> *The authors are contributing equally to this work*

## CONFERENCE POSTER PRESENTATION

**Lua, V. Y. Q.**, Majeed, N. M., & Hartanto, A. (2021, May). *The sad cult of 'busy': Investigating the relation between social expectancies to be busy and emotional well-being using a daily diary approach*. Poster to be presented at the annual meeting of the Association for Psychological Science 2021.

Ng, M. H. S., **Lua, V. Y. Q.**, Majeed, N. M., & Hartanto, A. (2021, May). *Examining self-esteem as a resilience factor against daily stressors: Findings from the National Study of Daily Experiences*. Poster to be presented at the annual meeting of the Association for Psychological Science 2021.

**Lua, V. Y. Q.**, Majeed, N. M., & Hartanto, A. (2021, April). *Help-seeking: Good for one and bad for another?* Poster presented at the annual meeting of the Society for Affective Science 2021.

**Lua, V. Y. Q.**, Majeed, N. M., & Hartanto, A. (2021, February) *Revisiting the effect of stereotype threat on working memory capacity in women*. Poster presented at the Society for Personality and Social Psychology Annual Convention 2021.

## INVITED PRESENTATIONS

**Lua, V. Y. Q.** (Jan, 2021). *Conducting research using Qualtrics and Amazon Mturk*. Workshop run at DawnLab, School of Social Sciences, Singapore Management University, Singapore.

## AD-HOC REVIEWER [\[PUBLONS\]](#)

- *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*
- *International Journal of Environmental Research and Public Health*
- *Journal of Experimental Psychology: General*

## RESEARCH EXPERIENCE

**Undergraduate Research Assistant** Jan 2020 to Present  
School of Social Sciences, Singapore Management University  
Conducted primary research (interviews), assisted with data collection and coding of qualitative data, and contributed to the refining of ongoing projects  
Supervisor: Dr Cheng Chi-Ying

**Research Intern** Apr 2020 to Present  
International iPreschooler Surveillance Study Among Asians and otherRs (IISSAAR)  
Conducted secondary research, contributed to manuscripts, and managed the website and other infographics  
Supervisor: Dr Michael Chia Yong Hwa

**Student Researcher** Aug 2020 to Present  
School of Social Sciences, Singapore Management University  
Conducted primary research, led multiple experimental studies and meta-analyses, prepared Qualtrics for studies, analyzed quantitative data and wrote manuscripts  
Supervisor: Dr Andree Hartanto

**Independent Study** Aug 2020 to Dec 2020  
School of Social Sciences, Singapore Management University  
Attained an A+ grade for independent study on a meta-analysis on music intervention & subjective well-being  
Advisor: Dr Andree Hartanto

## TEACHING EXPERIENCE

**Teaching Intern** Mar 2020 to Aug 2020  
Academia English & Writing Center  
Conducted secondary research, curated model essay packs  
Supervisor: Mr Olivier Tan

**Teaching Assistant** Aug 2019 to Dec 2019  
School of Economics, Singapore Management University  
Managed administrative matters, taught students who needed help  
COR2100 – Economics and Society, Supervisor: Dr Ho Kong Weng

**Teaching Intern** Jan 2018 to Mar 2018  
CHIJ Kellock Primary (MOE'S JC Teaching Internship Programme)  
Taught Primary 3 English and Primary 5 Science  
Supervisor: Mrs Sheila Cleetus

## OTHER EXPERIENCES/ CO-CURRICULUM ACTIVITIES

**Peer Helper** Aug 2019 to Present  
Outreach Committee (2019, 2021) / Admin Committee (2020)  
SMU Peer Helpers

**Marketing Director** Jan 2020 to Dec 2020  
SMU Arts and Cultural Fraternity, 16<sup>th</sup> Management Committee

**Author-Ambassador** Aug 2019 to May 2020  
SMU Alumni Community Fund X Image Better Book Project

**Captain** Jan 2017 to Dec 2017  
Catholic Junior College Floorball Girls' Team

## SKILLS AND ADDITIONAL INFORMATION

Proficient in using Qualtrics, R studio, IBM SPSS, JASP, CloudResearch, and Microsoft Office